

Dosing Chart for Antihistamines

Benadryl Dosage

Child's Weight	20 – 24 pounds	25 – 37 pounds	38 – 49 pounds	50 – 99 pounds	100+ pounds
Liquid 12.5mg/5mL (1 teaspoon equals 5mL)	¾ tsp.	1 tsp.	1 ½ tsp.	2 tsp.	4tsp.
Benadryl Chewable 12.5mg	-	1 tablet	1 ½ tablets	2 tablets	4 tablets
Capsules 25mg	-	-	-	1 capsule	2 capsules
MAY REPORT DOSAGE EVERY 6 HOURS AS NEEDED					

Claritin Dosage

	2 - 5 yrs.	6 - 12 yrs.	12+ yrs.
Children's Liquid 5 mg/5mL (1 teaspoon equals 5mL)	1 tsp. Once Daily	2 tsp. Once Daily	2 tsp. Once Daily
Children's Chewable 5 mg tablets	N/A	2 tablets Once Daily	2 tablets Once Daily
Tablets 10 mg	N/A	1 tablet Once Daily	1 tablet Once Daily

Zyrtec Dosage

	6 mos - 2 yrs.	2 - 5 yrs.	6+ yrs.
Children's Liquid 1 mg/lm 1 (1 teaspoon equals 5mL)	½ tsp. Once Daily	½ of 1 tsp. Once Daily	1 o 2 tsp. Once Daily
Children's Chewable 5 mg tablets		1 tablet Once Daily	2 tablets Once Daily
Children's Chewable 10 mg tablets		N/A	1 tablet Once Daily
Tablets 10 mg		N/A	1 tablet Once Daily